

# What to Expect



Have a curiosity about plant medicine or community wellness? Want a conversation about connections between society and health? Already an herbalist or other practitioner? You are welcome to Fierce Blossom workshops! I draw on my background as an experiential educator, an herbalist, and an anthropologist to create interactive,

## Fall Calendar of Workshops

**Saturday, October 12**, 3-5pm  
*Blending Nourishing Teas, a hands-on workshop*  
(\$15-30, Wild Trails Farm)

**Thursday, October 17**, 5-6:30 pm  
*Herbal Medicine for Radical Self-Care*  
(\$10-20, Wild Trails Farm)

**Sunday, October 20**, 3 – 5 pm  
*Chill Out! Herbal Nervines for a Busy Life*  
(\$15-30, Wild Trails Farm)

**Monday, November 4**, 5:30-8:30 pm  
*Listening for Possibilities: Queer Herbal Magic*  
A Workshop for LGBTQ+ folks.  
(\$15-30 or pay what you can. RSVP required.  
Location available with RSVP.)

**Tuesday, November 12**, 5:30-7:30 pm  
*Plants and Pleasure Practice: An Herbalist Path to Nourishing Joy*  
(\$15-30, Wild Trails Farm)

**Tuesday, November 19**, 5-6:30 pm  
*Deep Winter Wellness Work: Nurturing Ourselves in the Dark and Cold.* Co-facilitated with Lindsay Hargis Post.  
(\$10-20, Wild Trails Farm)

**Tuesday, November 26th**, 5-8:00 pm  
*Working with Difficult Ancestors: An Herbal Workshop for White Folks.* Co-facilitated with Eric Garza  
(\$25-50, held at the Unitarian Universalist Church of Springfield, VT. RSVP.)

**Charis Boke**

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Wild Trails Farm, 174 Ruusunen Rd, Springfield VT. The cider barn workshop space is wheelchair accessible, with a distant accessible bathroom. Please contact with access needs. Check Facebook event pages for updates. LGBTQIA+ friendly space, and working on excellence in developing community anti-racist spaces.